

Practices for Jesus-Centered Life



TURN: Pause, listen and choose to follow Jesus

As Jesus was walking along, he saw Levi son of Alphaeus sitting at the tax booth, and he said to them, "Follow me." And he got up and followed him. – Mark 2:14

"Do you turn to Jesus Christ...?" - Book of Common Prayer, 302

Like the disciples, we are called by Jesus to follow the Way of Love. With God's help, we can turn from the powers of sin, hatred, fear, injustice, and oppression toward the way of truth, love, hope, justice, and freedom. In turning, we reorient our lives to Jesus Christ, falling in love again, again, and again.

For Reflection and Discernment

- What practices help you to turn again and again to Jesus Christ and the Way of Love?
- How will (or do) you incorporate these practices into your rhythm of life?
- Who will be your companion as you turn toward Jesus Christ?